

ReBAR* Assessment Interviews

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The state is interviewing Oregon adults with developmental disabilities who receive 24-hour “comprehensive services” to determine their support needs. These interviews (also known as “assessments”) will determine how much funding each individual will receive in the future for services and supports.

A local ReBAR assessment specialist will use a tool called the Supports Intensity Scale (SIS) to measure your support needs during a three-hour small group interview with:

- You;
- Your guardian, family member or advocate;
- Your case manager;
- Staff persons from agencies now supporting you.



Your interview will be held in a location that offers you privacy and comfort, such as your home, employment or day service site, or some other place in your community.

Why is Oregon doing interviews?

- To identify what supports individuals need to be active and successful in their communities.
- To help set “individual budget amounts” that are:
Sensible — Directly related to your individual support needs,
Portable — They follow you when you move or change providers,
Fair — Everyone with similar needs gets a similar budget.

What kind of questions will be asked?

Questions will cover home living, community living, lifelong learning,

*ReBAR means Restructuring, Budgets, Assessments and Rates. ReBAR is a program unit within the state Office of DD Services.

employment, social life, health and safety, protection and advocacy, exceptional medical supports, and exceptional behavioral supports. Each of these broad topics will include specific life areas. The interview will include multiple questions about each life area. The interviewer will want to know:

- What type of support is needed? (watch, remind, assist, do for)
- How often is support needed? (weekly, daily, hourly)
- How much support is needed? (minutes per day)

Does this replace my ISP meeting?

No. Your individual support plan (ISP) meeting happens every year. The interview will be done every five years — more often if your support needs change.

The interview results may, however, provide useful information for the

The interviews identify what supports individuals need to be active and successful in their communities.

ISP and other person-centered planning processes.

When will I have my interview?

Everyone living in or entering a group home/apartment or supported living program is expected to be interviewed in the next few years.

Call your case manager for more information about when your interview will be scheduled.

“[The interviewer] explained the questions very well, was friendly, and listened.”
— Interview participant



Tips for a successful interview

Before the interview:

- Learn more about the interview process (see back panel).
- Think about your support needs: What type? How often? How much time?

During the interview:

- Don't underestimate your support needs.
- Keep an open mind about things you don't do now but may do in the future.
- If you disagree with anything that is said, say so.
- If you don't understand a question, say so.
- If you need a break, say so.

After the interview:

- Contact your case manager if you have concerns or a complaint about the interview process.
- Contact your case manager if you want a summary of your interview results.

For more information

Attend a ReBAR Assessment orientation session conducted by the Oregon Council on Developmental Disabilities. Sessions are designed to help individuals and families prepare for their interviews.

To locate trainings near you, visit the Council's Web site at <http://ocdd.org/index.php/ocdd/trainings/129/> or call **800-292-4154** (in Salem call **503-945-9941**).

Also visit the Council's Web site for:

- The schedule of orientation sessions,
- Community DD program offices,
- Information about Supports Intensity Scale.



"At the first part of the presentation, I said I felt nervous. After the training, I feel better and not nervous."
— Interview participant

This document can be provided upon request in alternative formats for individuals with disabilities. Other formats may include (but are not limited to) large print, Braille, audio recordings, Web-based communications and other electronic formats. Call 503-947-5099 (voice) or call 503-378-3523 (TTY) to arrange for the alternative format that will work best for you.

GETTING READY

for

YOUR SUPPORT NEEDS INTERVIEW



Information to help individuals with developmental disabilities, their family members and guardians prepare for a support needs interview.